

WORKSHOP MEETING

I. CALL TO ORDER

The meeting was called to order at 7:03 p.m. by Chairperson Shannon.

II. ROLL CALL

Present: Commissioners Birnbaum, Freed, Melone and Shannon. Health Officer, Serena Ivaldi was also present. Commissioner William Engel was absent with prior notice.

III. MINUTES – March 26, 2019

Commissioner Birnbaum moved, seconded by Commissioner Freed to approve the minutes dated March 26, 2019 as presented. The motion was approved by a voice vote.

IV. CHANGES TO THE AGENDA - None

V. CITIZENS CONCERNS AND COMMENTS - None

VI. ONGOING BUSINESS

(a) Health Fair update

Commissioner Melone reported the Health Fair was very busy in the morning with people coming in cycles.

Commissioner Freed noticed people enjoyed participating in physical activities that were offered at the

fair. He mentioned there was a group of about 25-30 dancing with an instructor. He wanted the Board of Health to include a physical activity next year. He suggested having a Pelotone rowing machine which works on 86% of muscles and uses a screen with an instructor. He felt having it would attract a lot of people to the booth.

Commissioner Birnbaum thinks the Park District will have the health fair again next year. She mentioned the Zumba classes were very popular. An instructor was giving neck and shoulder massages which was also very popular. She agreed people liked the interactive items. Commissioner Birnbaum mentioned the Park District was getting a Pelotone bike when the new fitness center opens. Commissioner Freed suggested the fitness center should also get a Pelotone rower.

Commissioner Melone felt the participants were interested in healthy eating. She suggested including the topic next year. She mentioned someone offered glucose tests.

Commissioner Melone mentioned the sunglass giveaway was a big hit.

She noticed one of the booths had a spinning wheel that people could spin and win an item versus giving the items away to everyone. Ms. Ivaldi mentioned she had investigated purchasing a spinning wheel, but they were very expensive. Commissioner Freed suggested making one out of cardboard. Commissioner Birnbaum mentioned the Park District had a spinning wheel and thought maybe it could be used next year.

Commissioner Birnbaum was glad the Board of Health participated so people were aware the Board of Health existed.

Chairperson Shannon questioned if there should be fewer handouts available but include handouts for

general healthy eating and exercise tips. Commissioner Melone felt it would be a good idea.

Commissioner Melone questioned if there was a vendor that addressed mental health. Commissioner Freed thought there was a booth that had something about mental health. Commissioner Melone mentioned that social/emotional is the number one issue with young people at high schools.

Ms. Ivaldi mentioned the new Commissioner was very interested in trying to offer a vaccine clinic in the Village.

Commissioner Freed asked about Commissioner Engel's background. Ms. Ivaldi believed it was studying to be a pediatrician.

Commissioner Melone is in favor of hosting another health fair next year.

Chairperson Shannon referred to suicide prevention month and a rubber bracelet that had "ask them if they're Ok" along with a phone number imprinted on them. A local business was giving them away, she suggested handing them out next year.

(b) Meeting cancellations

- i. July 23, 2019
- ii. September 24, 2019

Ms. Ivaldi announced the July 23 and the September 24 meetings were being canceled. She will try to schedule an October meeting before the November meeting. The Commission was interested in scheduling an October meeting.

(c) Blood Drive

- i. Cancelled – July 3, 2019
- ii. Upcoming – November 6, 2019

Ms. Ivaldi announced the July 3 blood drive was being canceled. The next scheduled blood drive is on November 6.

(d) Prescription Medication Collection update – May 18, 2019

Commissioner Freed was present at the May 18<sup>th</sup> collection. 1½ containers were filled. Two large cases of the large boxes for the sharps were in the storage room along with about 130 of the smaller ones so he thought that was enough. Adam Huffman (ahuffman@wheelingil.gov) will be the contact for the collections in Serena's absence if the supply gets low. She will email his contact information to the Commission. Commissioner Melone mentioned that blue masking tape was needed for the closet.

It was mentioned that inhalers can be taken at the collections. It was confirmed the Walgreens on Milwaukee Avenue had a kiosk for controlled substances.

- i. Next collection June 15, 2019

Ms. Ivaldi reviewed the collection calendar for the remainder of the year.

June 15 - Commissioners Shannon and Melone

July - Commissioner Freed

August 17 - Commissioners Shannon and Birnbaum

September 21 – Commissioners Shannon and Birnbaum

October 19 - Commissioners Freed and Shannon

November 16 - Commissioner Birnbaum

December 21 - Commissioner Shannon

Ms. Ivaldi asked the Commissioners to reach out to Commissioner Engel if they needed additional help during her absence.

(e) Wheeling Walks Program

Commissioner Birnbaum reported the new Wednesday group was getting off to a very slow start due to the bad weather. She hopes the number of people will increase as the weather improves.

Commissioner Melone mentioned a couple of people at the health fair inquired about the program.

Commissioner Birnbaum mentioned the Park District introduced a new logo to go along with the new Health and Fitness Center. Commissioner Freed questioned the type of medical staff the Health and Fitness Center would have on staff. Commissioner Birnbaum didn't know of any medical personnel, but suggested Commissioner Freed attend the June 29<sup>th</sup> grand opening to showcase Phase 1. Phase 2 is when all the administrative offices move upstairs and when the southside lower level is remodeled for the new preschool.

Commissioner Freed questioned if there would be new equipment at the preschool. Commissioner Birnbaum thought it would be an entirely new setup with new equipment and new pick up and drop off

areas. All the offices will be located upstairs, and some will be in the Health and Fitness Center area. The current preschool area will have more group rooms for programs. The north side of the building accommodates the Pursuit Program (NWSRA program for adult daycare).

VII. OLD BUSINESS - None

VIII. NEW BUSINESS

(a) New Commissioner William T. Engel

IX. VERBAL COMMUNICATION

Chairperson Shannon received a question from the Village Trustees at the Memorial Day parade concerning more information about vaccines (MMR). Most people don't realize the Board of Health is a resource finder and connects people. Chairperson Shannon referred to a informational sheet from the CDC that people receive with an immunization. There is a children's vaccine program that has eligibility requirements. Information on how to qualify for free vaccines is available on the CDC website and is available in different languages. Commissioner Freed suggested distributing it at the next health fair. Chairperson Shannon wasn't sure how to get the information out to the public through the Village's website. Ms. Ivaldi suggested using a link. Chairperson Shannon suggested also using them as handouts at Village Hall. It included what to look for in Measles and information about the MMR vaccine. Ms. Ivaldi will ask permission to add the links on the website. Ms. Ivaldi suggested linking it to the Cook County website since they offer vaccines. Commissioner Melone suggested offering it in English and Spanish. She thinks it's an important part of the Board's job to make information available to people who don't have Internet access.

Chairperson Shannon mentioned that info graphs were included on the Cook County website that describes the information using simple pictures.

Commissioner Melone noted that Commissioner Engle needs to be added to the Village's website under Commissions.

Commissioner Melone questioned if other resources were included under the Board of Health on Wheeling's website. Ms. Ivaldi mentioned the blood drives and medication collections were included.

Commissioner Melone couldn't find it so she felt it would be difficult for the general public to find.

Commissioner Birnbaum needs to be sworn in.

Commissioner Melone was excited about the resources but was not happy with how difficult it was to access. She wants it brought to someone's attention so it can be changed so the resources were easier to locate. Chairperson Shannon agreed the accessibility needed to be easy from both a phone and computer. Commissioner Birnbaum agreed that most people accessed websites from their phone. Ms. Ivaldi explained she personally uses a search engine to find information. Commissioner Melone explained there were some people that were not computer savvy.

Commissioner Melone questioned if the Village had an e-mail distribution list. She mentioned she receives a lot of e-mails from the Park District that were informative. She suggested using Facebook to advertise new information. Ms. Ivaldi confirmed the Village did not use e-mail for informational purposes but she could add a note on Facebook.

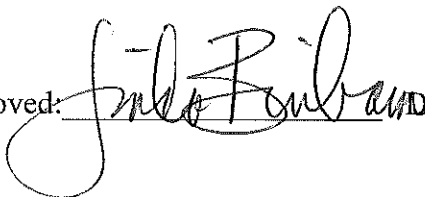
X. ADJOURNMENT

A motion to adjourn the meeting was entered at 8:05 p.m. by Commissioner Melone. Commissioner Birnbaum seconded the motion. The motion received unanimous approval by the Board of Health.

Respectfully submitted,

Danene Shannon, Chairperson

Wheeling Board of Health

Approved:  Date: 11/26/19